

NO PLACE LIKE HOME

DRIVING FACTORS THE RISE IN HOME CARE

- ▶ Aging population
- ▶ Advancing technology
- ▶ Hospital lengths of stay decreasing¹⁻²:

6.5
DAYS > **4.5**
DAYS

BENEFITS OF HOME CARE

- LOWERS** costs
- PRESERVES** autonomy
- HELPS** preserve social ties
- ENCOURAGES** patient-centeredness
- REDUCES** risk of some complications
- ALLOWS FOR** assessment of social determinants of health



INDIVIDUALS WHO IS RECEIVING HOME CARE?

PEOPLE...

- MANAGING** chronic conditions
- RECOVERING** from acute illness
- With **DEMENTIA**
- Plus **OLDER ADULTS**



CARETAKERS WHO IS PROVIDING HOME CARE?

- UNPAID family or loved ones:** **43 MILLION**³
- PERSONAL care attendants:** **2 MILLION**⁴
- SKILLED health care workers TAKE CARE OF:** **3 MILLION MEDICARE BENEFICIARIES**⁵

CHALLENGES IN HOME CARE

- ▶ Environmental hazards
- ▶ Communication breakdowns
- ▶ Lack of care coordination
- ▶ Caregivers dealing with isolation, stress, burnout



40% OF FAMILY CAREGIVERS
Report high levels of burden/stress³

HARM RISKS IN HOME CARE

- Falls
- Infection
- Poor nutrition
- Pressure ulcers
- Potential abuse/neglect
- Medication errors/adverse events
- Injuries from equipment/technology



MAKING HOME CARE SAFER — GUIDING PRINCIPLES



- ✓ **Self-determination** and person-centeredness
- ✓ **Safety** culture
- ✓ **Learning** and improvement system
- ✓ **Team based care** and care coordination
- ✓ **Funding that drives quality** and avoids fragmentation

For recommendations on improving safety in home care, visit ihi.org/no-place-like-home.

Funded by the Gordon and Betty Moore Foundation

References

Sources: 1) Pokras R, Kozak LJ, McCarthy E, Graves EJ. Trends in hospital utilization: United States, 1965–1986. Vital and Health Statistics. 1989 Sep;13(101). Washington, DC: US Department of Health and Human Services, National Center for Health Statistics. 2) Weiss AJ, Elixhauser A. Overview of hospital stays in the United States, 2012. Rockville, MD: Agency for Healthcare Research and Quality; October 2014. HCUP (Healthcare Cost and Utilization Project) Statistical Brief 180. 3) American Association of Retired Persons, Public Policy Institute, and National Alliance for Caregiving. Caregiving in the US: 2015 Report. June 2015. 4) Bureau of Labor Statistics. Home Health Aides and Personal Care Aides. In: Occupational Outlook Handbook. 2016–2017 ed. Washington, DC: US Department of Labor. 5) Centers for Medicare & Medicaid Services. Home Health Quality Initiative [Web page]. Washington, DC: CMS; last modified January 10, 2018. <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/HomeHealthQualityInits/index.html?redirect=/homehealthqualityinits>.